

# **MYSC Competitive Indoor Rules**

## **Rule 1 – The Field of Play**

MYSC uses both the north and south gymnasiums of EC Drury Sports Complex

Markings:

The goal lines used will be the solid grey lines near the end walls. There are no touch lines; the walls and bleachers (hereby known as touch walls) being part of the playing area. The halfway line provided will be used as the centre line. The centre of the playing area is marked by the centre spot within the centre circle.

Penalty area:

The area at each end of the playing area bounded by the grey goal line and the large green arc will be defined as the penalty area. Within the penalty area will be the penalty spot, which will be at the centre of the top basketball key line.

Goals:

The goals shall be placed on the centre of each grey goal line. The posts and netting shall be secure and in good order.

## **Rule 2 – The Ball**

The ball shall be spherical and fit for play as judged by the referee and shall not be changed during the game unless authorized by the referee.

Size 3 shall be used for U8 & U10; size 4 for U12; and size 5 for U15.

## **Rule 3 – The Number of Players**

- 1) The match shall be played by two teams, each with not less than 4 players and not with more than six players on the playing area. One of the players must be a goalkeeper, dressed differently than any of the other players on either team.
- 2) If one team has less than the maximum of 6 players, then the other team will play with an equal number of players on the playing area. Any team failing to provide the minimum number of players 5 minutes after the hour shall forfeit the match by a score of 1-0. Teams will then divide all the players equally and play a “friendly”.
- 3) Substitutes and team officials shall remain behind the goal line to one side of the goal. Substitutions can be made at any time whether the ball is in play or not. The substitute shall not enter the playing area unless the player coming off is within 3 feet of the goal line.

- 4) Play is not to be delayed to allow substitutions unless, in the opinion of the referee, the substitution process places too many players of the same team within the playing area; or there is a goalkeeper substitution.
- 5) All players dressed to play shall be subject to the authority of the referee.

#### **Rule 4 – The Player’s Equipment**

Players shall not wear anything which is dangerous to themselves or any other player. Basic compulsory equipment of a player shall consist of a numbered shirt, shorts, stockings, shin guards and appropriate indoor footwear for the playing surface.

#### **Rule 5 – The Referee**

The match is controlled by the referee who has full authority to enforce the rules of the competition as per Law 5 of FIFA’s “Laws of the Game”

#### **Rule 7 – Duration of the Game**

The duration of the game shall consist of two equal periods of 25 minutes. In the event that the start of the match is delayed for any reason, the referee shall shorten each half so not to delay the start of the following match.

#### **Rule 8 – The Start of Play**

1) Preliminaries : A coin is tossed and the team that wins the toss shall have first kick-off. The loser of the toss shall have the second half kick-off. There will be no changing of ends at the start of the second half.

2) Kick-off : At the kick-off, all players are in their own half of play with the opponents of the team kicking-off positioned behind the blue line. Once the referee has given the signal to start, the ball is in play when it has been kicked and it moves. The team kicking off may play the ball in any direction (forwards, sideways or toward their own goal.) The kicker may not touch the ball a second time unless it has been touched by any other player.

3) Special Circumstances: A free kick awarded to the defending team inside its own penalty area is taken from any point within the penalty area.

A free kick (other than a penalty) awarded to the attacking team in the opponents penalty area is taken from a point on the green penalty area arc closest to where the infringement has occurred.

A dropped ball to restart the match after play has been temporarily stopped inside the penalty area will take place on a point on the green penalty area arc closest to where the ball was when play was stopped.

### **Rule 9 – The Ball In and Out of Play**

The ball is out of play:

- 1) when it has wholly crossed the goal-line whether on the ground or in the air;
- 2) when the match has been stopped by the referee;
- 3) when the ball has gone under the bleachers, or up into the stands;
- 4) anytime in the opinion of the referee, the trajectory of the ball has been altered by any fixture on the wall; basketball rim or framework; or ceiling and trusses.

For any of the above stoppages, an indirect free kick will be awarded to the opposing team subject to Rules 8 & 13.

The ball is in play:

Any other time from the start of the match to the finish including rebounds from the goal posts, crossbar and touch walls into the field of play.

### **Rule 10 – Method of Scoring**

A goal is scored when the whole of the ball crosses the goal line on the ground, or in the air, between the goalposts and under the cross-bar, provided that no infringement of the rules has been committed by the scoring team.

A goal cannot be directly scored by the goalkeeper when he/she has released the ball from their hands.

The team scoring the greater number of goals during the match shall be the winner. If both teams score an equal number of goals, or no goals at all, then the match shall be drawn. Also see Rule 18

### **Rule 11 – Offside**

There shall be no offside offence in Indoor Soccer

### **Rule 12 – Fouls and Misconduct**

A player who commits any of the 6 offences in a manner considered by the referee to be careless, reckless and using excessive force

- 1) kicks or attempts to kick an opponent;
  - 2) trips or attempts to trip an opponent;
  - 3) jumps at an opponent;
  - 4) charges an opponent including forcing into the touch walls;
  - 5) strikes or attempts to strike an opponent;
  - 6) pushes an opponent
- or commits any of the following 9 offences:

- 7) when tackling an opponent making contact with the opponent before making contact with the ball;
- 8) spits at an opponent;
- 9) holds an opponent;
- 10) handles the ball deliberately (except the goalkeeper within his own penalty area);
- 11) slide tackles or attempts to slide tackle an opponent;
- 12) plays in a dangerous manner;
- 13) impedes the progress of an opponent;
- 14) prevents the opposing goalkeeper from releasing the ball;
- 15) plays or touches the ball a second time prior to the ball being touched by any other player after the ball is in play from a kick-off, free kick, corner kick, goal kick or penalty kick

shall be penalized by the award of an indirect free kick to the opposing team from the place where the offence has occurred, subject to the conditions of Rules 8 & 13.

If the offence (1-11 only) has been committed by a defender within the penalty area, a penalty kick shall be awarded to the opposing team.

If the goalkeeper playing within their own penalty area commits any of the following offences:

- a) takes more than six seconds to release the ball when controlling it with his/her hands
- b) touches the ball again with his/her hands after it has been released from his/her possession and has not been touched by any other player;
- c) touches the ball with his/her hands after it has been deliberately kicked to him/her by a team mate.

he/she will be penalized by the award of an indirect free kick to the opposing team at a spot on the green penalty area arc closest to where the infringement had occurred subject to the conditions of Rules 8 & 13.

**Time Penalty:**

A player committing any offence may be given, at the discretion of the referee, a 2 minute time penalty whereby the team will play one player short for the duration of the penalty

- 1) time penalties starts when play resumes;
- 2) time penalties to the goalkeeper shall be served by any other player on the field of play at the time;
- 3) Any player that is cautioned shall serve a 2 minute penalty;
- 4) any player that is dismissed will cause his/her team to play a player short for 5 minutes (served by another player)

### **Cautionable and Dismissable Offences:**

Cautionable (yellow cards) and Dismissable (red cards) as per Law 12 of FIFA's "Laws of the Game"

Any player that has been dismissed from the match must leave the vicinity of the playing area and the spectator stands

### **Rule 13 – Free Kicks**

All free kicks (with the exception of a penalty kick) shall be "indirect" (a goal cannot be scored unless the ball has been played or touched by any other player other than the kicker prior to passing through the goal).

When a player is taking a free kick within the player's own penalty area, all opposing players must be at least 3 feet from the ball and outside the penalty area until the ball has been kicked outside the penalty area.

The ball is in play once it has been kicked directly beyond the penalty area. The ball cannot be played to or handled by the goalkeeper prior to it directly leaving the penalty area. For any such infringement, the kick shall be re-taken.

When a player is taking a free kick outside the penalty area, all opposing players must be at least 3 feet from the ball until it is in play. The ball shall be in play once it has been kicked and it moves.

The ball must be stationary when any free kick is taken and the kicker cannot play the ball a second time until it has been touched or played by any other player.

Furthermore:

- 1) Any free kick awarded for an infringement against the walls shall be taken 2 feet perpendicular from the walls;
- 2) Any free kick awarded due to the ball touching any wall or ceiling fixtures shall be taken directly underneath the spot where the ball touched the fixture
- 3) If the ball touches the basketball rim or framework (which is above the goal) directly from the goalkeeper, a free kick shall be awarded to the opposing team at a spot on the green penalty area arc closest to the spot where the ball touched the rim or framework.

### **Rule 14 – The Penalty Kick**

A penalty kick is awarded against a team that commits any of the first 11 fouls for which a free kick is awarded within its own penalty area and while the ball is in play.

A goal may be scored directly from a penalty kick.

Additional time is allowed for the completion of the penalty kick at the end of any time period.

Position of the ball and players:

- 1) The ball shall be placed on the penalty spot at the centre of the top basketball key line;
- 2) The player taking the kick shall be properly identified;
- 3) The defending goalkeeper shall remain on his/her goal line between the posts and facing the kicker until the ball is in play (kicked and moves forward);
- 4) All other players must be outside the penalty area and behind the ball until the ball is in play

Procedure:

- 1) The player taking the penalty kicks the ball forward after having received the referee's signal and cannot touch or play the ball a second time until it has touched any other player.
- 2) If time has been extended to allow the completion of the kick, the referee shall determine when the kick has been completed.

Infringement/Sanctions:

As per Law 14 of FIFA's "Laws of the Game"

### **Rule 16 – The Goal Kick**

A goal kick is awarded when the whole of the ball crosses over the goal line on the ground or in the air (and a goal has not been scored as per Rule 10) having last been touched by a player of the attacking team.

A goal cannot be scored against the opposing team directly from a goal kick.

Procedure:

- 1) The ball is placed at any point within the penalty area behind the yellow line;
- 2) The ball must be stationary when it has been kicked;
- 3) The ball can be played by any player of the defending team;
- 4) The ball is in play once it has been kicked directly beyond the penalty area;
- 5) Opponents must remain outside the penalty area until the ball is in play

Infringements:

If the ball has not left the penalty area and has been touched by any player, the kick is retaken.

### **Rule 17 – The Corner Kick**

A corner kick is awarded when the whole of the ball crosses over the goal line on the ground or in the air (and a goal has not been scored as per Rule 10) having last been touched by a player of the defending team.

A goal cannot be scored against the opposing team directly from a corner kick.

Procedure:

- 1) The ball is placed on the grey goal line within 3 feet from the wall;
- 2) Opponents must remain at least 3 feet from the ball until it is in play;
- 3) The ball is kicked by a member of the attacking team;
- 4) The ball is in play when it has been kicked and moves;
- 5) The kicker cannot play or touch the ball a second time until it touches any other player.

### **Rule 18 – Procedures to Determine the winner of Play-off Matches**

In the event of a tie at the end of two 20 minute time periods; the winner shall be determined by:

- 1) 2 extra time periods of 5 minutes each whereby the “Golden Goal Rule” applies ;
- 2) If still tied then 5 kicks from the penalty spot as per the standard procedure in FIFA’s “Laws of the Game”